

The Forest Gate Garden Trail is sponsored by

THE STOW BROTHERS

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The Forest Gate Garden Trail is organised by volunteers from the Forest Gate Community Garden which exists as a community resource run for and by local residents.



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Forest Gate GARDEN TRAIL



Saturday 6th June 11 am - 4 pm
Sunday 7th June 11 am - 4 pm

Tickets £5



Available online from eventbrite
(scan QR code above)
from the Forest Gate Community Garden
or from participating gardens on the day

MAP AND INFORMATION

Garden open Saturday 6th ONLY

1

189 Earlham Grove E7 9AD Susan



We call our garden the Forest Garden because it is a natural area full of mature trees and loads of bushes with the smidgen of colour from an occasional flowers, so offers a woodland effect. There are seating areas, wild grass section to encourage wildlife, clumps of trees and patio area.

Gardens open BOTH Saturday 6th and Sunday 7th

2

32 Earlham Grove E7 9AW Barbara (Front garden only)



A Small north facing front garden completely replanted two years ago which is now well established.

3

63 Earlham Grove E7 9AN Andrew (NEW)



We moved in 5 years ago and have just finished renovating. The garden was a concrete/grass rectangle so we have tried to bed, plant and structure with varying success. Almost everything is from the B&Q 50p bargain bucket. Our attempted vibes are English cottage beds meet Italian patio meets kitchen garden. Some things have worked and some things haven't, but the bees are back. My granny (the proper gardener in the family) is coming down for the trail to tell visitors what we should have done!

4

86A Earlham Grove E7 9AR Rob



A long, evolving garden shaped by instinct and research, exploring resilience, care, and urban space. Structured planting meets natural flow, with bold perennials, layered textures, and quiet moments. It informs my upcoming book The Uphill Gardener. All proceeds from sales and refreshments are split between Forest Gate Community Garden and Forest Gate Pride.

5

151 Earlham Grove E7 9AP Kate



Upcycling and re-purposing is a key theme in our garden with a glorious recycled stained-glass greenhouse and a Victorian clawfoot bathtub pond. I am a big plant enthusiast always looking for something a bit different and focussing on drought tolerant planting. I grow lots of plants from seeds and cuttings. We also have a veggie plot and lots of fruit trees.

6



153 Earlham Grove E7 9AP Hazel (Front garden only)

Our Nana Lily would stand at the garden gate, greeting neighbours, soaking in the rhythm of the street, and making friends out of passersby. We carry that spirit forward today. Our front yard has become a welcoming space for arts workshops, the creation of local landmark sculptures, and for "liming" — gathering, sharing stories, and enjoying community together.

7



136 Earlham Grove E7 9AD

Forest Gate Community Garden

Celebrating 10 years of opening this year, the garden is a haven for people and wildlife. A pond, children's play area, all weather shelter and plenty of seating to relax and enjoy nature. Run largely by volunteers - come and join us!

8



7 Hampton Road E7 OPD Hedy (Front Garden Only)

There is a small pond surrounded by planting.

9



72B Hampton Road E7 ONU Myanah

A sunny south facing garden with gravel, raised beds with casual planting and a pond. A large sycamore provides welcome shade. Pots seem to multiply all on their own.

10

85 Claremont Rd E7 0QA Veronica (Front Garden only)

In 1988 front was all concrete. We kept the hard landscaping and the garden has evolved over 38 years. The perforated concrete has plants that survive the dry, sunny aspect. Of particular note are two large agaves.

11

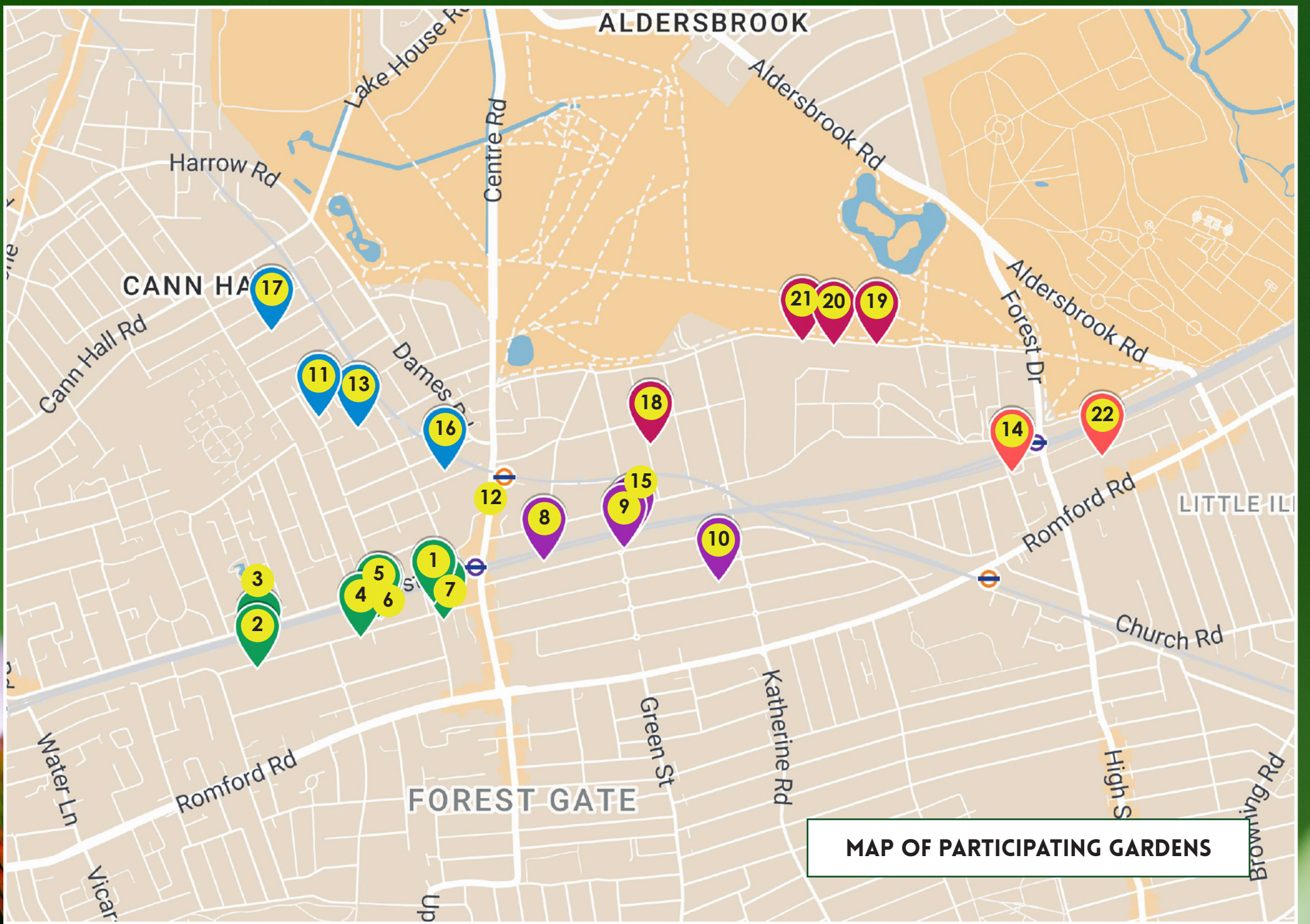
130 Field Road, E7 9DJ Luq (NEW)

My garden was planted 5 years ago, so it's still at an embryonic stage. It has a winding paved path that is designed to follow the sun and it has seating areas at the front and the back. The planting is very naturalistic, and the idea is that the plants blend into the landscape allowing the garden to organically evolve over time.

12

Planters/Raised Beds Woodgrange Road

Enjoy a nature hunt along the garden trail, starting at the Up Garden to the Forest Gate Community Garden via a series of high street planters—maintained and loved by us.



Saturday and Sunday Cont..

13 Eric Close E7 0AY *UP Garden*



Abandoned laundry yard transformed by local residents into an RHS-award winning community garden featured on The ONE Show. Micro-allotments, tea plants, grape vines, wisteria pergola, herb roof, stumpery, pollinator beds, upcycled and accessible planters, play turf, mud lab, book exchange, community piano, self-led nature trail

14 Manor Park Road E12 5AT *Manor Park Community Garden*



Located in the heart of Manor Park, our garden was founded on the values of inclusion and connection. What We Offer:
- A Space for Connection, a diverse landscape of fruit trees, berry bushes, herbs, and vegetables designed for harvesting and sharing. A Peaceful Retreat: A dedicated quiet space for those without private gardens to enjoy rest and nature.

Gardens open Sunday 7th ONLY

15 61 Hampton Road E7 0NX *Sally*

The garden is rather haphazard containing many plants, including 'weeds' - natural and casual planting, with large shrubs and small fruit trees. I aim to encourage wildlife. Very wide and facing north it has its challenges. The front garden has shrubs and trees and again casual planting. I am currently aiming for a tidier look!

16 28 Stracey Road E7 0HG *Fiona*



A small terraced garden oasis with a meandering path, leading to a cosy seating area. Proudly packed with plants shared by friends, neighbours, and the Forest Gate Community Garden, it buzzes with wildlife. I garden with enthusiasm and very little real knowledge — if I can do it, anyone can.

17 37 Thorpe Road E7 9EA *(1pm - 4 pm only / NEW)*



A 4x12m mid-terrace garden started 5 years ago with a focus

on growing fruit, vegetables and flowers for cutting. Includes home composting system and a small greenhouse. Come to discuss amateur garden design, "edimentals" and buy plants.

18 42 Latimer Road E7 0LQ *Janet*



Large garden on two levels featuring flowers, shrubs, trees and ponds. Very wildlife friendly.

19 146 Capel Road E7 0JT *Sarah (NEW)*



An informal, slightly wild garden with a relaxed, jungly feel. After 20 years, we only recently had the time to shape it more thoughtfully, so it's still evolving. With plenty of colour and planting that attracts birds and bees, it's a garden we use and enjoy every day. It has quiet shady corners that make it a tranquil place to sit and unwind and think about our next project!

20 123 Capel Road E7 0JT *Lisa*

This small back garden is planted with a mixture of wild and domestic species to encourage wild life. The lawn was replaced with gravel just under 2yrs ago and the space is divided into 3 distinct areas. It is decorated with scavenged, reclaimed and recycled items throughout.

21 111 Capel Road E7 0JS *Jan*



A garden without a lawn with three ponds, one formal, two wildlife - so children need to be CLOSELY supervised (we had one fall in last year). Woodland area, structured beds, several patio areas with seating, plus a greenhouse. The garden is mainly accessible except for the woodland area.

22 40A Carlyle Road E12 6BN *Joy (NEW)*



It's 32 meters long, a mixture of wild flowers, perennials and veg. This is the 3rd year of the garden, so it is still fairly new.

Refreshments available

Dogs welcome

Plants for Sale

Accessible